

# Understanding and Supporting clients on the Autism Spectrum Advanced course - via Zoom

**Date & Time:** One day course split over the two mornings of Tuesday 13th & Thursday 15th September 2022: 9:30am - 12:30pm

**Cost:** £85 per person for the one day course split over 2 mornings.

This course is eligible for HCPA funding at £40 per person for Herts based staff working in the PVI sector. Completed claims paperwork will be provided after the training takes place.

**Format:** Zoom. A link and full instructions on accessing the sessions will be provided. The training is much more than a PowerPoint style webinar with video clips and interactive format and input from a trainer who lives on the Autism Spectrum.

**Handouts:** All exercises, comprehensive handouts, additional resources and certificates of attendance mapped to awards are included and will be sent by email.

## **Who should attend this one day course**

Managers and front line working with adults on the Autism Spectrum in health, care or support settings and also for generic services.

## **Introducing associate trainer Richard Maguire**

Richard offers a view from both sides of the fence as someone living on the Autism Spectrum and a professional with thirty years experience working with clients with Autism and training those who support them.

## **COURSE OVERVIEW**

Approximately 1 in 100 people in the UK are on the Autism Spectrum. This course builds on the knowledge acquired in our first day on the subject but can also be undertaken by people with prior knowledge or experience working with Autism. The first morning will expand your knowledge of the Autism Spectrum and explore the relationship with many other conditions. The second morning explores how we can apply our understanding to effective communication & comfortable, peaceful and level headed support.

## COURSE CONTENTS

- **Recap on the key features of the Autism Spectrum** (including the Triad of Impairment and Sensory issues)
- **Developing our understanding of the Autism Spectrum** - including Culture of Autism, Co-Existing Conditions, Dyslexia, ADHD, Dyspraxia, Agnosias, Alexithymia, Body Disconnectivity, Sensory Overload & Sensory Comfort, Sensory Integration, Learning Disability and High Functioning Autism, Aspergers Syndrome, Mental Health, Education, Development and Employment
- **Support Strategies** - including Knowing your clients, how to develop strategies, being clear about the key goal for the client “How do we attain comfort?” (*Good free and easy relationships, purpose, hope, self esteem, physical needs met and good communication*)
- **Helping people on the Autism Spectrum to find the “Comfort” outlined above given the difference in “culture”**
- **Discovering the client’s communication style**
- **Ensure practice builds on a model that is sensitive to the client’s needs for comfort and peace** - including communication and support where “Less can sometimes be more”

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