

# Emergency First Aid Half Day

## **Who should attend this one day course**

Managers and front line staff working in any support setting who need a basic awareness of emergency first aid

## **Introducing the Trainer**

Faiers Training Ltd works exclusively with people who have an excellent reputation and proven track record in their field. The course tutor Mick Mills has delivered First Aid training at all levels of competence for many years in residential and pre-hospital care situations

## **COURSE OVERVIEW**

The course will provide attendees with the basic skills and knowledge to assess and respond to first aid emergencies and/or recognise the need to summon help. As a refresher course, it will provide existing first aid trained staff with the latest updates to emergency first aid protocols.

- Understand the role and responsibilities of the First Aider
- Act safely, quickly and effectively in the event of a medical emergency
- Communicate effectively to assess the nature of the problem, with the aim to provide and summon the most appropriate help
- Manage and position the unconscious casualty who is breathing normally
- Administer cardio-pulmonary resuscitation (CPR) safely and effectively to the unconscious and non-breathing casualty
- Administer first aid to a casualty who:
  - has minor or severe bleeding with shock
  - Has chest pains (angina or heart attack)
  - Is choking
- Report and record accidents appropriately

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The logo for Faiers Training, featuring the word 'Faiers' in a red, serif font with a horizontal line underneath, and the word 'training' in a red, sans-serif font below it.