



# Assessment and Support Planning

## One Day

### Who should attend this one day course

- Managers and front line staff working with adults or young people in any care or support setting

### Introducing Faiers Training

- Faiers Training uses over thirty five years of experience in the care & support sector to deliver training that is both professional & practical

### **COURSE OVERVIEW**

All successful client work within any care and support setting is dependant on workers having a good understanding of how to use the tools of the trade. Knowing how to conduct professional needs & risk assessments reflecting the key principles within the Mental Capacity Act (MCA) and how to get the most from the support planning process is vital. This course balances best practice advice with practical guidance to give staff the confidence they need to use their organisation's own assessment and support planning tools.

### **COURSE CONTENTS**

- **What is Needs & Risk Assessment?** - & why is it important
- **Getting the right balance** - including duty of care v independent living, the role of the MCA, recognising that everyone is different and putting the person at the centre
- **Needs and Risk Assessment Models** - including how to make them person centred, questions to ask, using your assessment tools/paperwork, communication with other organisations involved in the referral or ongoing package of support, recording, providing information on decisions
- **Risk management** – including personal choice, principle 3 of the MCA, grading risks/responses, identifying triggers, warning signs, control strategies & crisis response
- **Support Models** - including relationship to MCA, person centred planning, circles of support, outcomes focused planning, and others
- **How to use Support Plans** – including what should go in them, how to use them effectively, the Outcomes framework and other monitoring, linking to risk management, work with other agencies, what should trigger their review, keeping the person at the centre & using your paper work

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### **Course Overview**

All successful client work within any care and support setting is dependant on workers having a good understanding of how to use the tools of the trade. Knowing how to conduct professional needs & risk assessments that reflect the principles within the Mental Capacity Act and how to get the most from the support planning process is vital. This course balances best practice advice with practical guidance to give staff the confidence they need to use their organisation's own assessment and support planning tools.

### **Course Content**

- **What is Needs & Risk Assessment?** - & why is it important
- **Getting the right balance** - including duty of care v independent living, recognising that everyone is different and putting the person at the centre
- **Needs and Risk Assessment Models** - including how to make them person centred, questions to ask, using your assessment tools/paperwork, communication with other organisations involved in the referral or ongoing package of support, recording, providing information on decisions
- **Risk management** – including personal choice, grading risks/responses, identifying triggers, warning signs, control strategies & crisis response. Positive and proactive approaches to risk management promoted by current Government thinking and research
- **Support Models** - including person centred planning, circles of support, outcomes focused planning, care programme approach and others
- **How to use Support Plans** – including what should go in them, how to use them effectively, the Outcomes framework and other monitoring, linking to risk management, work with other agencies, what should trigger their review, keeping the person at the centre & using your paper work
- **The Mental Capacity Act** – Relating risk assessment and support planning to a good understanding of the provisions of the Mental Capacity Act 2005

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