



Introduction To The Autism Spectrum

One Day

Who should attend this one day course

Front line staff and managers working with clients with Autism Spectrum Disorders in any setting.

Introducing Faiers Training

Nigel Faiers uses over thirty five years of experience in the care & support sector to deliver training that is both professional & practical.

Course Overview

This course provides participants with a good introduction to understanding the Autism Spectrum. In the light of this knowledge we explore strategies which can help ensure appropriate methods of communication and support.

Course Content

- **What is the Autism Spectrum?** – Defining Autism, it's prevalence and causes
- **Common Autism Spectrum Disorders and Associated Conditions** – including Aspergers Syndrome and the relationship with Learning Disabilities and Mental Health
- **Terminology for people on the Autism Spectrum** – Discrimination and the importance of avoiding labels
- **From Institutions & Community Care to the Autism Act & Strategy** – A brief history of institutionalism and community care where the needs of individuals on the Autism Spectrum were often not recognised and clients were treated in Learning Disability or Mental Health provision through to The Autism Act 2009 and Autism Strategy 2010
- **How does Autism impact on a person's life?** – including the Triad of Impairment and Sensory Sensitivities
- **Support** – Managing risk, assessing the appropriate level of support and identifying the right balance between independent living and duty of care
- **Communication** – Understanding the different ways a person with Autism may communicate and developing our understanding of communication skills

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**Contact: Nigel Faiers Tel: 07986 837463 Email: admin@faierstraining.co.uk
Website: www.faierstraining.co.uk**



Working With The Autism Spectrum

Advanced Course - One Day

Who should attend this one day course

Staff at all levels working with clients with Autism Spectrum Disorders in any setting.

Introducing associate trainer Richard Maguire

Richard offers a view from both sides of the fence as an Autistic Adult and a professional with thirty years experience working with clients on the Autism Spectrum and training those who support them.

Course Overview

The morning session will expand your knowledge of the Autism Spectrum and explore the relationship with many other conditions. The afternoon explores how we can apply our understanding to effective communication & comfortable, peaceful and level headed support.

Course Content

- **Recap on the key features of the Autism Spectrum** (including the Triad of Impairment and Sensory issues)
- **Developing our understanding of the Autism Spectrum** - including Culture of Autism, Co-Existing Conditions, Dyslexia, ADHD, Dyspraxia, Agnosias, Alexithymia, Body Disconnectivity, Sensory Overload & Sensory Comfort, Sensory Integration, Learning Disability and High Functioning Autism, Aspergers Syndrome, Mental Health, Education, Development and Employment
- **Support Strategies** - including Knowing your clients, how to develop strategies, being clear about the key goal for the client "How do we attain comfort?" (*Good free and easy relationships, purpose, hope, self esteem, physical needs met and good communication*)
- **Helping people on the Autism Spectrum to find the "Comfort" outlined above given the difference in "culture"**
- **Discovering the client's communication style**
- **Ensure practice builds on a model that is sensitive to the client's needs for comfort and peace** - including communication and support where "Less can sometimes be more"

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