



# Introduction to Learning Disabilities

## One Day

### **Who should attend this one day course**

Staff and volunteers working with clients with a learning disability in any setting

### **Introducing Faiers Training**

Faiers Training uses over thirty five years of experience in the care & support sector to deliver training that is both professional & practical

### **Course Overview**

This course provides participants with a good introduction to understanding Learning Disabilities and how this impacts on our approach to communication and support.

### **Course Content**

- **What is a Learning Disability?** – Defining Learning Disability, it's prevalence and causes
- **Common Learning Disability Conditions**
- **Terminology for people with Learning Disabilities** – Discrimination and the importance of avoiding labels & diagnostic overshadowing
- **From Institutions & Community Care to Valuing People** – A brief history of institutionalism and community care, the philosophy & guiding principles of community care leading to the current agenda.
- **How does a Learning Disability impact on a person's life?**
- **Support** – Managing risk, assessing the appropriate level of support and identifying the right balance between independent living and duty of care
- **Communication** – Understanding the different ways a person with a Learning Disability may communicate and developing our understanding of communication skills

**Faiers**  
**training**

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