



Understanding and Supporting Autistic Adults - Advanced Course

One day split over two mornings via Zoom

Date & Time: One day course split over the two mornings of Tuesday 11th & Thursday 13th November 2025 (9:30am - 12:30pm)

Cost: £95 per person.

Format: Zoom. A link and full instructions on accessing the sessions will be provided. The training is much more than a PowerPoint style webinar with video clips, polls/surveys, open discussions, use of chat box, Q&A and exercises in break out rooms.

Handouts: All exercises, comprehensive handouts, additional resources and certificates of attendance mapped to the relevant awards are included and will be sent by email.

Who should attend this one day course

Managers, team leaders and front line staff working with adults with care and support needs in any setting

Introducing Faiers Training

Faiers Training uses over thirty seven years of experience in the care & support sector to deliver training that is both professional & practical



Course Overview

The morning session will expand your knowledge of the Autism Spectrum and explore the relationship with many other conditions. The afternoon explores how we can apply our understanding to effective communication & comfortable, peaceful and level headed support.

Course Content

- **Recap on the Key Features of the Autism Spectrum** (including the Triad of Impairment and sensory issues)
- **Developing Our Understanding of the Autism Spectrum -** Including culture of autism, co-existing conditions, dyslexia, ADHD, dyspraxia, agnosias, alexithymia, body disconnectivity, sensory overload & sensory comfort, sensory integration, learning disability and "high functioning" autism, mental health, education, development and employment
- **Support Strategies** - Including knowing your clients, how to develop strategies, being clear about the key goal for the client "how do we attain comfort?" (*Good free and easy relationships, purpose, hope, self esteem, physical needs met and good communication*)
- **Helping People on the Autism Spectrum to Find the "Comfort"** As outlined above given the difference in "culture"
- **Communication** - Discovering the client's communication Style
- **Ensure Practice Builds on a Model That is Sensitive to the Client's Needs for Comfort and Peace** - Including communication and support where "less can sometimes be more"

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